General information and Proposal for the Hostel / Shelter facility

For the needy kids, especially the girls, from SDB school, Nepal.

General Information:

In our school, we realize that, many girls are having a problem to grow and learn in the healthy environment. On the one hand, because of the family breakdown, poverty and lack of space in the family, many students have forced to drop the education in early age. Especially the girls. On the other hand, after this recent earthquake, many girls are in great risk too. Their houses are broken in the villages and they have forced to migrate in the city for education. Where, they will stay and eat? Definitely there are many places if they accept to work as a child laborer or other illegal works. But we want them to continue the education and make their career. Therefore we want to help some of these pushed out children at risk and establish some kind of a home for them, where they can eat, study and live like a family for their educational development.

Aim of this concept:

Our target is to help the poor and needy girls for a good accommodation together with good food, love and care, which they are missing at their home. We aim to help the children from the following families ...

- 1. Some of them do not have parents and they are living with the relatives.
- 2. Some of them have parents but they do not live together. The kids have sent to live with the relatives for support. The child has to work there, too. This is a pity.
- 3. Some of them have only mother, working as a daily wages worker. Very hard to support the children.
- 4. Some of them have parents but all live in one room, kitchen, dining, studyroom, everything in one room. The children have no table to read and no copies to write with, and they need to look after the brother / kitchen, too.
- 5. Some of them are living under the tent / or tin sheet room, because of the recent earthquake. Their houses are broken down and there is a big crisis in the family. Because of this terrible situation, the kids are suffering a lot.

It would be so lovely, if we can help these innocent girls for their secured future.

Where we plan to establish this shelter?

Definitely, we want to establish this shelter near the school, so the kids can walk to school. The rents have become very high after this earthquake. If necessary, I would be happy to use our own home too to lower the rent. This would be a small contribution from my side, too.

What will be unique in our hostel?

- **1.** First, we want to make this a very-low-cost hostel. Simple living ... high thinking!
- **2.** Apart from regular school education, we want to focus in Yoga, and vegetarian meals, together with some spiritual knowledge for the kids from the early stage.
- **3.** Self-help system. The girls will also learn to cook and take care of the small ones.
- **<u>4.</u>** To learn in and from the nature is also a part of the concept as well as the responsible use of TV and the new media.
- **5.** We will also focus to explore the inner peace through meditation every day.
- **6.** The parents/relatives will be also requested to be involved by a small, nominal contribution, only for the capable ones, as far as possible. This will help a bit to run the hostel smoothly, without a huge financial burden to the sponsors.
- **7.** There will be a completely, home environment, like one family.

How much does it cost for the monthly operation?

Initially, we plan to start with 8 girls from most needy families, with one lady cook and one hostel mother. It will cost approximately Euro 750 for one month to operate this hostel. Means, for full accommodation, three times meals, basic health care, extra tuition/coaching, with complete extra activities (e.g. fun programs outside the hostel rooms with little drawings, dancing together with biscuits, cookies or tea after the program or small walk programs and visit the nearby places on foot) and outdoor programs. School fees are separate.

We will request the parents/relatives for the materials for the personal use of the kids, e.g. text books, extra copies for school and hostel, school uniform, hostel dress, shoes, jackets in the winter, medicines, mosquito net, caps and gloves in winter; in rainy season, we need a rain coat or umbrella, etc. They can bring it or pay for it, for these items. The costs for these items are not included in the above estimate of 750 euro monthly for the running cost of the hostel.

Are there any other extra cost?

Yes. To start the hostel, we need to prepare the initial necessary things. For example, beds, mattress, covers, quilts, kitchen materials, dining room and reading tables, curtains, carpets, and other necessary things for a complete home. This will cost minimum Euro 5,000 for one-time investment.

We would highly appreciate and welcome....

- 1. Volunteers and sponsors to visit this hostel from time to time.
- 2. Contribute some dress and study materials (yearly textbook) if possible.
- 3. Sponsor separately some out-door trips for the entertainment of the kids.
 Once a month, it is better to take them in a distance by hiring a bus and make a dry picnic with simple lunch. Or even we can go for a long walk every one month, and enjoy the lunch there. This will cost little money. When we get the sponsor, we can think of this. Otherwise, no need to worry now.
- 4. Sponsor on a yearly basis, for the quarterly visit of a doctor to check the kids.

Conclusion...

This tentative concept of the girls' hostel is a very holy work. Serving the poor and needy innocent girls to make their future secured is one of the greatest thing that we can do in our life. After all, what is there we can take, when we go away? Just the good deeds done for a good cause, isn't it? Therefore, I invite all our generous friends and families to work together in this life-saving project. Giving is living ...

It is a matter of great honor for us that we know Gaby Kruger and Detlef Kruger personally and we have been working together since a long time, educating the children in our school. The kids started from Nursery grades with their support and now some kids have reached the college, too. This is so wonderful. Now, we have no words to thank this generous couple for taking the initiative to start this new work too. Therefore, we are very confident; now we all will get your strong support and motivation to make this dream a success.

Together we can God bless all!

Thank you and Namastya, With best regards,

Anupendra Acharya Dated: 31 July, 2015